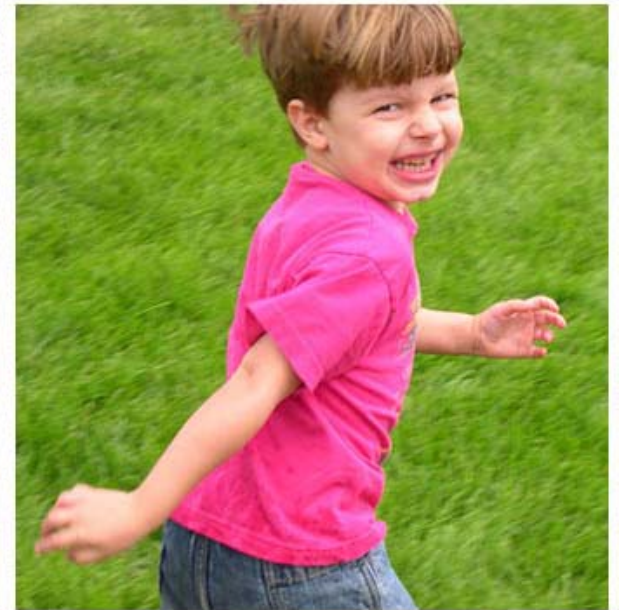




www.RecessRI.org

“Play is essential to development because it contributes to the cognitive, physical, social, and emotional well-being of children and youth... Despite the benefits derived from play ... time for free play has been markedly reduced for some children.”

– American Academy of Pediatrics



In a Recess for Rhode Island survey, RI elementary school principals reported:



- Recess 5 days a week **89%**
- 20 - 30 minutes for recess **18%**
- 10 - 20 minutes for recess **72%**
- < 10 minutes for recess **10%**

Recess is cancelled because of...

- Weather **84%**
- Safety **54%**
- Discipline **34%**
- Testing **5%**

Recess denied as a disciplinary strategy?

- Yes **70%**
- No **30%**

In a Recess for Rhode Island survey, RI elementary school principals reported:



School playground is...

- Ideal **21%**
- Adequate but lacking space/equipment/supplies **57%**
- Poorly maintained/not enough space/no equipment **22%**

Space for indoor recess is...

- Ideal or adequate **21%**
- No indoor space **79%**

School or district has a recess policy

- Yes **30%**
- No **40%**
- Don't know **30%**



www.RecessRI.org

85% of Rhode Island elementary school principals agreed that

“Recess is necessary for children's optimum learning and development.”